Walk in a Worthy Manner

Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called.

Eph. 4:1

‘walk’ = ‘live’

Called into FELLOWSHIP

• God
• Jesus
• EACH OTHER

Walk in Worthy Manner

• Humility
• Gentleness
• Patience
• Love

‘walk’ = ‘live’

Unity

Being Diligent to preserve the unity of the Spirit in the bond of peace. (Eph. 4:1-3)

Unity of the Spirit

There is

one body
and one Spirit,
just as also you were called in one hope of your calling;
one Lord,
one faith,
one baptism,
one God and Father of all who is over all and through all and in all.
Difficulty: Our Differences

- To EACH...
  - According to the measure of Christ’s gift
- GAVE SOME –
  - Apostles
  - Prophets
  - Evangelists
  - Pastor/teachers

PURPOSE:

- FOR Equipping of saints
- FOR Work of serving
- TO Building Up of the Body

Diligent - GROW UP

- a MATURE man (13)
- no longer children (14)
- Grow UP – (15)

- Share everything.
- Play fair.
- Don’t hit people.
- Put things back where you found them.
- Clean up your own mess.
- Don’t take things that aren’t yours.
- Say you’re sorry when you hurt somebody.
- Wash your hands before you eat.
- Flush.
- Warm cookies and cold milk are good for you.
- Live a balanced life –
- Learn some and think some
- And draw and paint and sing and dance
- And play and work everyday some.
- Take a nap every afternoon.
- When you go out into the world,
- Watch out for traffic,
- Hold hands and stick together.
- Be aware of wonder.
**Adulting**

- Recognition that you are NOT the center of the universe – empathy,
- Self-control –
  - Over ‘impulse’ –
  - Ability to defer gratification –
- Perseverance –
- Responsibility
- Acceptance of consequences for YOUR actions – and responding to them.
- Mental flexibility – ability to analyze and change your mind when WRONG.

**A Body That Glorifies God**

from whom the whole body, being fitted and held together by what every joint supplies, according to the proper working of each individual part, causes the growth of the body for the building up of itself in love.